

Breakfast

Full English ^{GFA DFA}	£7.95
Vegetarian Full English – Vegetarian Sausage, Roasted Tomatoes, Mushrooms, Hash Brown, Beans, Fried Egg & Two Slices of Toast ^{GFA DFA VOA}	£7.75
Eggs Benedict ^{GFA} /Eggs Royale ^{GFA}	£6.75
Hash Browns, Spinach, Bacon, Slow Roast Tomatoes & Poached Eggs ^{GFA DFA}	£7.00
Breakfast Sausage Patty, Toasted English Muffin, Streaky Bacon & Fried Egg ^{GFA DFA}	£6.95
Smashed Avocado On Toast, Salsa & Poached Egg ^{GFA DFA VOA}	£6.00
With Bacon ^{GFA DFA}	£7.50
With Smoked Salmon ^{GFA DFA}	£8.00
Scrambled Eggs on Toast ^{GFA DFA}	£4.75
With Bacon ^{GFA DFA}	£6.25
With Smoked Salmon ^{GFA DFA}	£6.75
Bacon Sarnie ^{GFA DFA}	£3.50
Sausage Sarnie ^{DFA}	£3.50
Beans On Toast	£4.25
Toast ^{GFA DFA VOA} / Toasted Teacake/ Crumpets/ Muffins ^{DFA VOA}	£1.95

GF = Gluten Free

GFA=Gluten Free Option Available

DFA=Dairy Free Option Available

VOA = Vegan Option Available

Lunch

Hot Beef Sarnie, Triple Cooked Chips & Gravy ^{DFA}	£8.95
Chargrilled Cheese Burger - Streaky Bacon, Gruyere Cheese, Gherkins & Burger Sauce – Triple Cooked Chips ^{GFA DFA}	£9.50
Herby Chicken Schnitzel, Coleslaw, Dressed Leaves & Rosemary Salted Sweet Potato Fries ^{GFA DFA}	£9.50
Mushroom Quinoa Burger, Hummus, Salsa & Rosemary Salted Sweet Potatoes ^{DFAVDA}	£7.50
Pan Fried Salmon, Sautéed Asparagus, Spinach & Broccoli, New Potatoes, Hollandaise Sauce & Poached Egg ^{GFA DFA}	£10.50
Gammon Steak, Triple Cooked Chips & Double Eggs ^{GFA DFA}	£9.50
Salmon & Haddock Fish Cakes, Tartare Sauce & Skinny Fries ^{DFA}	£8.50
Welsh Rarebit, House Chutney & Dressed Leaves	£5.95
Soup with Granary Bread Roll ^{GFA}	£4.95
Ploughman's Lunch – Corned Beef Pie, Tomato Chutney, Keens Cheddar, Slow Roast Tomatoes, Ham & Granary Bun ^{GFA}	£7.95
Mezze – Marinated Olives, Feta Cheese, Raita, Roasted Red Peppers, Hummus, Slow Roast Tomatoes & Crispy Flatbread ^{GFA}	£7.95

Please See Special Board Near Counter For Daily Specials

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Omelettes

Free Range Three Egg Omelette ^{GF DFA}	£5.50
Additional Toppings:	
Mushroom, Slow Roast Tomatoes, Sliced Tomato, Red Onion	£0.65
Ham, Cheese	£1.25
Vegetarian Mexican Frittata, Salsa & Guacamole – Dressed Leaves ^{GFA DFA}	£6.95
Chorizo Frittata, Salsa & Guacamole – Dressed Leaves	£7.50

Sandwiches

All sandwiches and toasties are served in a choice of homemade white or granary bread

Honey & Mustard Baked Ham & Pease Pudding ^{GFA DFA}	£5.25
Keen's Cheddar & House Chutney ^{GFA}	£5.00
Smoked Salmon, Cream Cheese & Cucumber ^{GFA DFA}	£5.75
Roasted Chicken, Stuffing & Mayo	£5.75
Prawn Marie Rose	£5.50
BLT – Crispy Streaky Bacon, Beef Tomatoes, Little Gem & Mayonnaise ^{GFA DFA}	£6.00
Ham & Cheese Toastie – Mustard Mayo & Dressed Leaves ^{GFA}	£6.25
Goats Cheese, Red Onion Marmalade & Basil Pesto – Dressed Leaves ^{GFA}	£5.75

Flatbreads

Served in our homemade flatbreads & come with potato salad & coleslaw

Chicken & Bacon Caesar ^{GFA}	£9.50
Chargrilled Rump Steak Caesar ^{GFA}	£10.95
Roast Salmon Caesar ^{GFA}	£10.25
Feta, Spinach, Slow Roast Tomato & Basil Pesto ^{GFA}	£7.50
Chicken Tikka, Minted Yoghurt, Mango Chutney & Roasted Red Peppers ^{GFA DFA}	£9.50
Garlic & Herb Marinated Chicken, Chorizo, Feta & Spinach ^{GFA}	£9.75
Quinoa Fritter, Guacamole, Lime Mayo & Salsa ^{DFA VOA}	£7.50
Cajun Chicken, Guacamole, Lime Mayo & Salsa ^{GFA DFA}	£8.95

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Salads

Chargrilled Chicken & Bacon Caesar ^{GFA DFA}	£8.95
Chargrilled Rump Steak Caesar ^{GFA DFA}	£10.50
Roast Salmon Caesar ^{GFA DFA}	£9.75
Goats Cheese, Spinach, Slow Roast Tomato & Basil Pesto ^{GFA}	£7.50
Garlic & Herb Marinated Chicken, Chorizo, Feta & Spinach ^{GFA}	£8.95
Prawn Marie Rose Salad ^{GFA DFA}	£7.95
Feta, Roasted Red Peppers, Marinated Olives, Slow Roast Tomato & Hummus ^{GFA VOA}	£7.50
Honey & Mustard Roasted Ham Salad, Pease Pudding & Slow Roast Tomato ^{GFA DFA}	£7.95

Children's Menu (Under 12's)

Sausage, Chunky Chips & Beans ^{DFA}	£4.50
Hot Beef, Gravy, Chunky Chips & Peas ^{DFA}	£4.50
Haddock Fish Cakes, Skinny Fries & Peas	£4.50
Cheese Sandwich ^{GFA} / Ham Sandwich ^{DFA GFA} / Chicken Sandwich ^{DFA GFA}	£2.75
Beans On Toast ^{DFA GFA VOA}	£2.75

Sides

Triple Cooked Chips ^{VOA}	£2.95	Skinny Fries ^{GFA DFA VOA}	£2.95
Mixed Salad ^{GFA DFA VOA}	£2.95	Chips & Gravy ^{DFA}	£3.75
Bread & Butter ^{GFA DFA VOA}	£1.95	Cheesy Chips ^{GFA DFA}	£3.95
Sweet Potato Fries ^{GFA DFA VOA}	£2.95	Coleslaw ^{GFA DFA}	£2.95
Tex Mex Cheesy Loaded Fries ^{GFA}	£4.50	Potato Salad ^{GFA}	£2.95

Treats

Scone Selection (Available Warm If You Prefer)

Fruit Scone	£2.25	Keens Cheddar Scone	£2.25
With Raspberry Jam & Clotted Cream	£3.25	Cream Cheese & Red Onion Chutney	£3.25
Special Scone (Ask Server)	£2.50		

Homemade Ice Cream & Sorbet Selection – Ask One Of Our Team For Available Flavours

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